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APRIL 2024



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Cover Image

Cover photo: By Eric Aldridge.

A brand new police bike in Mexico City with cling film still around the tyres.

If you have any great photos we can use, please share them. The best ones will feature on our magazine cover or in our new gallery. Please send the full-size file (not cropped or reduced) to: editor@suffolk-advanced-motorcyclists.com.

Next Issue

Copy deadline: Friday, April 19th.

Send via e-mail to:

editor@suffolk-advanced-motorcyclists.com

The Editors reserve the right to edit, amend or omit as necessary.

SAM is a registered charity: No. 1067800
IAM Group No 7219

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EDITORIAL MUSINGS

If you or your bike have a few cobwebs now is the time to start dusting them off. You may have to dodge a few showers but it's definitely warming up now and getting lighter.

I don't know why they're called April showers when they're clearly not confined to a single month. I seem to have been more successful at dodging the showers than some.

Most of my riding recently has been SAM related but my wife and I did manage a trip to Hyde Hall (Royal Horticultural Society gardens) using the back roads. Of course, you don't have to travel to Everest base camp or the Arctic Circle to send us a photo. In my case I decided that the car park at Hyde Hall wasn't very photogenic.

Our chip runs start up again this month with a circuitous route to Sudbury. There's always plenty on and the SAM calendar is the place to check: <https://suffolk-advanced-motorcyclists.com/sam-calendar>.

There's always plenty of SAM events to get involved in. If you want to get more involved and you have a couple of hours to spare from time to time, why not consider training as a ride leader or an observer?

Trevor Read does have a good group of ride leaders but I'm sure he wouldn't mind some more. The training for this is very straightforward and anyone who is already an advanced rider should be able to cope with it.

Training as an observer is a bit more challenging but still very worthwhile. You need to be able to ride at a higher standard than the advanced test and have the right temperament to train associates. We currently have four trainee observers.

If you're interested have a chat with Mike Roberts. Both Trevor and Mike are usually at the group nights and their phone numbers and email addresses are both on the SAM website.

Whatever you want to do there's no point in our bikes gathering dust. If you're not regularly riding, your riding skills will get rusty too.

So, get riding!

Tony Chye



SUMMER, SHOUT-OUTS AND SWAFFHAM

It's hard to believe that we are already into the fourth month of 2024! Now we are in British Summer Time which of course for us bikers is great news! We can ride further for longer!

With better weather comes lots of great events too - SAM's May events list runs to two pages - so much to look forward to. There are plenty of local bike meets going on too including Krazy Horse's late nights which kick off this week. Mototechniks have some great days planned too - see their adverts this month for details.

Like everyone else, I'm really looking forward to getting back into my summer riding gear soon (speaking of which, don't forget the SAM Bring and Buy sale this month - a good chance to pick up a bargain and flog that unused kit).

The KEIS heated jacket has been a gamechanger but I'll be very happy to hang



it up for the Summer and I can't wait for Summer gloves - no more fumbling with comms through heavily padded fingers!

Masters training continues to go very well with my very own Obi-Wan Kenobi. Geoff has been filming me riding which is very insightful and really helps to identify weak and strong areas.

Last week, I enjoyed really great ride up to Haveringham Church in Norfolk with Geoff, Paul Ballard and Ian Leedham. It's the first of our Calendar Challenge destinations ticked off and luckily the sun shone for most of the 150 mile round trip, broken by a leisurely brunch stop at Nelson's in Swaffham.

I mentioned last month that I will be taking to the airwaves as a presenter on GenX Radio Suffolk. From April 9th, I will be presenting the afternoon show from 2 - 4pm on Tuesday, Wednesday and Thursday. Obviously, I will be talking a lot about motorcycling and SAM, with bike-related interviews, shout-outs for Suffolk events and so on. I shamelessly included a big plug for SAM in my biography on the presenters' page.

Please do get in touch if you have anything you think would be interesting or newsworthy, either for us to include in the SAM Observer or for me to use on GenX Radio Suffolk.

I can be contacted on the editor's email address or on leanda@genxradio.co.uk

See you on the road.

Leanda Hoyle-Inch



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NEW ASSOCIATES, TEST PASSES & CERTIFICATES

New Associate Members

A warm welcome is extended to our most recent Associates and new Members.

James Bidewell

IAM Test Passes

Congratulations to the members who have recently passed their advanced test:

Duncan Jones

His observer was Ian Bishop



ADVERTISE IN THE SAM OBSERVER

Annual advertising rates:

Full page: £100

Half page: £75

Web site link: £25

Technical specs:

Full page with bleed: 210 x 148mm

Full page type area: 195mm x 128mm

Half page: 88.5mm x 128mm

All advertisements to be supplied as high res pdfs or jpegs. Contact Leanda for more details: 07894 406863

editor@suffolk-advanced-motorcyclists.com

Would you like to advertise in the SAM Observer magazine?

The committee discussed the possibility of members advertising in the magazine. An example might be a member with a business that could be of interest to other members.

This isn't for one off advertisements such as a bike for sale.

Our current advertising rates are in the magazine and are very reasonable. Because our rates are so reasonable we would offer members the same as the current advertisers.

Anyone who might be interested should contact the editors.

We don't bite!



NORFOLK ADVANCED MOTORCYCLISTS

For information of our activities and meetings check NAM's website:

n-a-m.co.uk

Q&A: TREVOR READ

First bike?

I got into biking very late compared to many of you. I passed my big bike test in November, 2010, with Anglia Motorcycles, trained by Chris Kirk and owned by our very own Al Foreman. As well as helping me to get my licence on a trusty old ER5, I purchased my first bike through him - a very nice bright orange Kawasaki Z750 on a '56 plate - loved that bike.

Best ride?

On joining SAM I met Glyn Hill and Dean Harris amongst others. They took me under their wing even before I passed my test and were very patient, allowing me to accompany them on some UK trips.

I've been to Wales: the Brecon Beacons, Snowdon, over to Anglesey and the Menai Strait. Then Devon and Cornwall - what fantastic roads and scenery.

What can be said about two trips to Scotland? Around every bend I said 'WOW!' Of all my rides, the most challenging was the Applecross Pass. I was nervous but encouraged by Glyn and the others (or was it 'Don't be a wimp. Get on with it!') Shame we couldn't see our hands in front of our faces at the top, then at the bottom, the Applecross Inn was closed. No tea and cake! Riding through the Cairngorms and the Trossachs - brilliant.

Worst ride?

This would probably be a Summer's Day when I decided to ride to Head Office. I set off from Ipswich at 8am in bright sunshine and 18 degrees, heading towards Kimbolton. I was attending a sales meeting so headed up the A14 to be there on time. At 3pm when it was time to leave, it

started raining and the temperature had dropped to 10 degrees. Thinking, 'I just need to get home now', went back down the A14. Luckily, I had Goretex gear on and not my jeans. It was so boring, the worst 177 mile round trip you could imagine.

Best bike?

I've enjoyed all for different reasons:

Kawasaki Z750 - first big bike.

Triumph Sprint GT - my first 1000cc sports tourer. It had to go when my back and wrists started playing up.

Kawasaki Versys 1000 in bright orange - I passed my advanced test on this.

BMW R1200GS Rallye - I kept this bike for five years. The best looking colour-wise and I loved riding it.

BMW R1250GS Triple Black - my current bike. I probably didn't need to change but when I pulled out of Reiten on the test ride, I thought, 'I love this bike!' I was surprised at the difference in smoothness and speed between the two.

I'm scared to try the new GS1300 as my long-haired IFA at home has already said, 'You've only had this just over a year!'

Favourite bike shop?

Anyone who knows me will know it must be Orwells. Someone mistakenly thought I worked there! It's like a social club to meet friends and get a good coffee for 30p. I've always had great service, having bought four bikes from them including a couple for my son. I also purchased all my riding gear there, enjoying the SAM discount.

Since my BMW ownership, Reiten comes a very close second. Again, they give fantastic service and do exactly what they say they are going to do.

Q&A:

Favourite pitstop?

Difficult because as you all know, I like my food! Organising the social rides and venues, I don't want to offend anyone, so here's my possible top five (I could have listed ten!) In no particular order: Hungry Stag, Woolpit; Route 11, Attleborough; Suffolk Waterpark, Bramford, near Ipswich; Scotsdales Garden Centre, Market St, Fordham; Marriotts Warehouse, Kings Lynn.

How long have you been a member of SAM?

I've been a member of SAM for 13 years. When I passed my test 13 years ago, I was on a corporate golf trip to Spain where I met Richard Toll, who was Chairman of SAM. He told me of the benefits and

encouraged me to join. When Beverly became Chairman, she talked me into joining the committee where I have been since.

My first role was to get guest speakers for group nights, but once I passed my test, I became a ride leader under the guidance of Dean Harris, eventually taking over as Ride Lead Coordinator and Social Ride Coordinator, with a great deal of help from Vini sorting the routes and venues. I've recently taken on the role as Vice Chairman, assisting Glynn as Chairman.

Final note from me: Joining SAM was one of the best things I have done - the people I have met the things I have learnt.

Trevor Read





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HINTS AND TIPS RIDE

SATURDAY, 25TH MAY 2024

START AND FINISH: The George Public House,
George St, Hintlesham, Ipswich, Suffolk, IP8 3NH

ARRIVAL TIME: 8.45 for 9.00am.
There is plenty of parking on site.

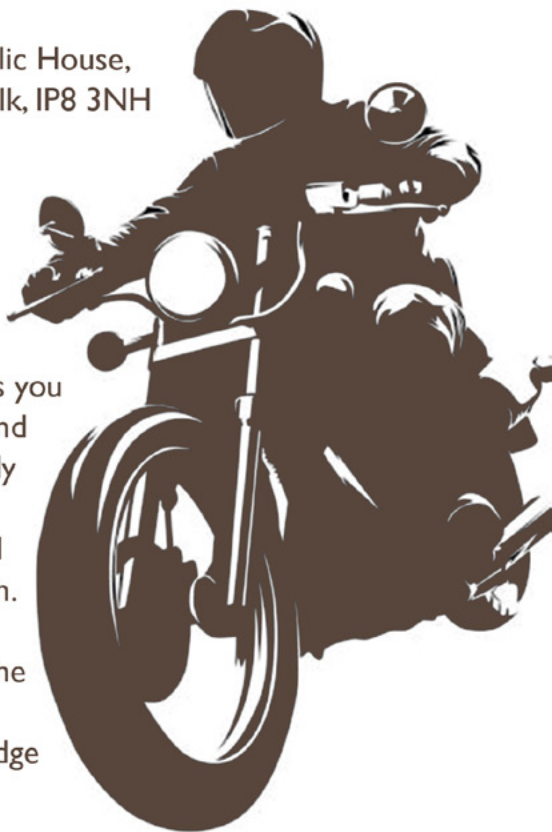
BRIEFING: You must be there for
the briefing.

WHAT TO EXPECT: All the usual things you
expect, and hope for, from a Hints and
Tips Run: getting up early, riding lovely
roads, discussing riding tips and
chatting with like minded people, and
of course, food at the end, if you wish.
You will also have your riding looked
at and be given general feedback in the
group. This is informal and a relaxed
way of keeping up or gaining knowledge
of advanced riding.

GENERAL INFORMATION: The ride will last approximately two hours and
covers 50 miles. Refreshments can be purchased before and after the ride
at the pub. Open to associates, full members, non members, and pillions.

BOOKING: There are a finite number of spaces so if you are interested
please book on a first-come-first-served basis with Ian Bishop.

Email: hi.bishop@virginmedia.com



MOTO TECHNIKS

Italian Day

All Bikes & Cars Welcome

Mototechniks Tothill, Bury Rd, Stowmarket, IP14 3QQ



Saturday 4th May

10am - 3pm

Test Rides Available

Suffolk Advanced Motorcyclists will be attending to bring riders on a pre-planned route

10% Discount

Only valid on full price items, excludes motorcycles, workshop & tyres



Pizza & Ice Cream



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MOTO GUZZI

THE 2024 CALENDAR CHALLENGE

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Are you ready to take on the biggest and best challenge yet?

This one is the tenth consecutive challenge and will cover a larger area than any other. If you choose to take it on you could find yourself exploring Scotland, Wales and other locations, all over the UK.

As it's a calendar challenge you will not need to visit all twelve locations, just choose the ones that appeal to you and for each photo sent to me as proof, you will gain an entry into the prize draw to stand a chance of winning some money-off services or goods supplied by Suffolk Triumph:

- 1st Prize £200
- 2nd Prize £100
- 3rd Prize £50

The challenge will run from January 1st - October 31st 2024, with the draw taking place at Suffolk Triumph, Foxhall Road at November's group night.



It is open to all fully paid up SAM members, full, joint or associate.

To enter all you need is a calendar which will be available at group nights for a minimum £5 donation to The Motor Neurone Disease Association.

Alternatively I can post you a copy for an extra £2.30 to cover postage.

For any further information please contact me at nigel.chittock@btinternet.com

Nigel Chittock

Calling SAM Ladies!

Are there any of our female members who would like to join other like-minded lady motorcyclists on the occasional ride out? If you are interested, please email: editor@suffolk-advanced-motorcyclists.com.

We will pass your details on to other riders and if there is enough support, we will provide a ride leader and a route!

MOTO TECH FEST

Saturday 13th July 10am - 3pm

Mototechniks Tothill, Bury Rd, Stowmarket, IP14 3QQ



Test Rides Available

Selected models, riders will be accompanied by Suffolk Advanced Motorcyclists

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CCMC FUN RUNS 2024 - MARSHALS NEEDED!

We have been given the dates by CCMC for their two Fun Runs this year and they have requested SAM to marshal the locations as usual.

To date, we have had a good response - mostly from the usual members but still need another five marshals for each ride. So how about you? Can you give a few hours to support the Club?

The first Fun Run is on Sunday, 12th May to Tattingstone, and the second is on Sunday, 16th June (Father's Day) to Barnham Cross Common.

Both depart from the Burger King, Copdock car park, and we meet at 9.30am.

Volunteers will be given full instructions and details prior to the rides.

This is open to both Associate and Full Members (and your partner's on the pillion if you so wish).

The rides normally finish by 12.30pm, and once your vest and arrow have been

collected you can either make your way to the venue or go home. We need some 20 marshals for each ride.

You may also be aware that in return for our efforts on these rides and bike parking at the Copdock Show, we are normally given a generous donation by CCMC. That money is essential funding for SAM to help support our training regime and to reduce our operating losses. Without it, we could not function as we do.

This is a big opportunity for you to give your time to your club, ensure we fully support CCMC and have a ride out too.

If you are able to volunteer, contact Eric Aldridge indicating which date(s) you are available. Thank you.

Email: ealdridge49@gmail.com
Mobile: 07984022646

The Copdock Show is on Sunday 1st September so please keep that date free and yourself available.



MIKE AND THE MEMORY GAME!

Anyone who is a Facebook friend of our Chief Observer, Mike Roberts, will be accustomed to his regular Saturday morning Sainsbury's rants, whilst doing his regular weekly food shop with Mrs R.

The rants vary but often follow the theme of "why have they moved things. AGAIN?"

Last week, I commented that perhaps Mike needs to use the 'Sainsbury's Challenge' as a way of promoting good brain function to delay the onset of memory loss, a bit like one of those picture card games.



Now I'm convinced.

See below, Mike's most recent Facebook post, (reproduced verbatim with his permission):

'A tale to make you smile.

Today I was out with a SAM member for a Refresher Ride / Prospective Masters intro. On the way home I'm thinking "I know new helmets are a snug fit but my glasses have never given me pain like this". So I stopped to make some adjustments. What do I find? I still had a pen behind my ear from taking notes for the de-brief!

Nice one, Mike! 🤔🤔

Leanda Hoyland-Jinch

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SAM THEORY EVENINGS

On the fourth Wednesday of every month, SAM holds its monthly Theory Evening.

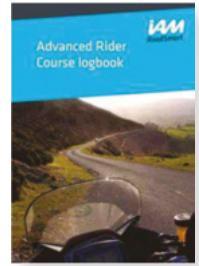
Based on an ever-revolving subject list of important rider skills, these nights are an informal evening of facts and lively banter all aimed at improving your ride based on the information in the Advanced Rider Course Logbook.

Each session covers one of the four main topic areas:

- Overtaking
- Planning and Positioning
- Cornering
- Gears and Acceleration

Mainly aimed at Associates going through the course, these evenings are also a good way for full members to brush up on their theory and add their experiences and questions to the session.

The great benefit of attending these sessions in the classroom means it saves time on the road covering theory, with the opportunity to discuss any issues you may have on your Advanced Rider Course.



Next theory night: Wednesday 24th April, 2024, 19:30 - 22:00.

Subject: Planning & Positioning with André Castle.

Mike Roberts

SAM Deputy Chief Observer

Remember you can register for this event on the SAM website!

Below: Check out SAM National, and Chief Observer, Mike Roberts' series of useful Youtube videos covering theory and riding skills.

Follow Mike: www.youtube.com/@mikeroberts





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GROUP NIGHT REVIEW

Our guest speaker was Julie Emmitt from BikeTrac. She was a very engaging and knowledgeable speaker. She obviously discussed her own product, but it wasn't a hard sell and she didn't rubbish the competition. We had a wide-ranging discussion about bike security – hard security (ground anchors and chains), alarms, trackers, steering locks... I didn't know that bike thieves can deal with a steering lock in three seconds. Does that make you wonder why manufacturers fit them and we use them. I suppose they might deter the more casual or less experienced thief.

With the cost of top of the range bikes increasing every year a tracking device is a sensible option. Some insurers now insist on them before they will provide cover. All trackers work on GPS to locate a bike that has gone AWOL. This is fine until a bike is in a shipping container or in a garage. The GPS signal becomes less accurate. Faced with a row of garages or a yard full of containers how do you know which one the bike is in? BikeTrac has another trick

up its sleeve which is a Radio Frequency transmitter. This allows it to accurately locate a bike in shipping containers, underground parking, inside vans or in lockups/outbuildings.

BikeTrac have two products, the flagship product which is all singing and dancing and a lite version which has fewer features but is cheaper. You buy the tracker and BikeTrac arrange professional installation. The cost of the installation varies depending on your bike and isn't included in the cost of the tracker. You then pay a subscription to cover the cost of monitoring the tracker. If you have just spent over £20k on a new bike it seems a very worthwhile and quite modest extra outlay. I will certainly consider a tracking device when my 9-year-old RT makes way for a newer model.

BikeTrac have a website: www.biketrac.co.uk or you can email Julie julie@biketrac.co.uk for further information.

Tony Chye



SAM BACK IN THE DAY

It appears some of you have been taking a trip down memory lane recently as we have had some great photos and stories coming in, both featured here.

Sonnie Westley sent the pics shown below in. The first one is a SAM promo stand at the Wings and Wheels day at the Holbrook School around summer 1995, the second one is a charity presentation to the East Anglian Air Ambulance at Red Lodge March 2003.



SAM BACK IN THE DAY

Here's a blast from the past. It was probably taken around the turn of the century at Black Bear, the Harley Davidson dealers in Newmarket during a SAM visit.

Sat on the custom bike is Pat Goodchild, who sadly passed away in February this year. Pat was Chairman at the time of the photo. He was also a Senior Observer with SAM and helped many riders to test

standard, as well as training/assessing new Observers, including our youthful looking Chief who you may spot on the back row.

Mike Roberts

IAM Roadsmart National Observer

Catch me on YouTube:

www.youtube.com/@mikeroberts



REMEMBERING DAVE MYERS, HAIRY BIKER

I first met Dave Myers and Simon King, aka The Hairy Bikers in Summer, 2007. They were just in the ascendancy of their fame and I booked them to come along and open a new food hall in Yorkshire and do a cookery demo. It was the start of a great friendship with a man whose humbleness, humour, uniqueness and gentle spirit endeared him to the nation.

That first evening over dinner in the hotel, Si and Dave had us in stitches as they recounted the story of how they met and their many adventures to date. A few weeks later, we met Dave and his partner Lili who had just arrived from Romania at the Jimmy's Farm Sausage Festival and there followed an invitation to stay for a long weekend at Dave's house in Barrow-in-Furness (complete with five children).

Dave proudly showed off his collection of bikes which I vividly recall featured a bright green Benelli Tre and a few Moto Guzzis, among many others he either owned or were on loan.

As the duo's popularity grew, it became harder to book them for events, but they made time in the calendar to come and launch another food hall in Romford and it was our turn to host them for the weekend. Memorably, Si and Dave noisily rocked up to the house on Triumph Rockets, both on loan. The bikes went down well the next day as the boys rode them through the crowds into the food hall.

We were privileged to attend Dave and Lili's wedding in Barrow which, of course, had amazing food and a brilliant Blues Brothers tribute band.



Dave and his family joined us at our house in France several times, one particular visit was for a few days over new year. I have a special memory of he and I making brioche buns filled with duck breast, foie gras and confit of fig at the top of a mountain in a blizzard on an aborted day's skiing.

We kept in touch with Dave and Lili over the following years but it was in Spring 2017 that I benefited from the true value of their wonderful friendship.

Finding myself newly single after recovering from a serious illness, I was struggling with life and very lost. Dave and Lili invited me and my young daughter to go and stay with them at their beautiful house in Brittany. I didn't need to think twice and within a few days, we were on our way.

Apart from bikes, Dave had a collection of French vintage cars - we enjoyed a spin around the Brittany lanes in the one below. I also joined him and Lili in pottering around in their vegetable garden, eating (very well of course), drinking and generally being cared for.

I'll be forever grateful for the compassion shown to me by Dave and Lili at a very difficult time.

Dave would say he was just an ordinary bloke who lived for his bikes, his food and his family. He was far more than that to so many people. He was truly one-of-a-kind, a gentleman, a friend and leaves an amazing legacy behind. I'll miss him.

Leanda Hoyleland-Inch



WHERE ARE WE GOING AND HOW ARE WE GETTING THERE?

Breakfast Run, Sunday 7th April

Green Pastures, Bergh Apton, NR15 1BQ, 01508 480734
<https://www.greenpasturesnursery.co.uk/restaurant/>

We shall meet at MotoTechniks, Tot Hill, Stowmarket, IP14 3QQ in good time so that the last group can get away by 9am. Following the road out through Wetherden, we'll join the A1088 to Euston before cutting across to Kenninghall and New Buckenham. Staying on the B1113 to Mulbarton then across to Stoke Holy Cross and Framingham Pigot. A short stretch down the A146 – Loddon Road - brings you to Bergh Apton. Turn right into Mill Lane and 'Green Pastures' is almost immediately on the left.

Jaunt, Saturday 20th April

Country Kitchen, Assington, CO10 5LW, 01787 210242
<https://www.assingtonbarn.co.uk/>

To accommodate our friends in the west of the county we'll move the departure point this time to Bury Tesco, IP32 7JS. Meet at 12.30pm. Leaving Bury on the Westley Road it's out to Barrow then left to hook up with the A143 at Depden. Before colliding with Haverhill we'll turn left at Kedington and take the A1017 to Great Yeldham where we'll branch off to Sudbury. A short hop down the A134 takes us to the turn-off to Assington and about a mile further on finds the Assington Barns complex.

Chip Run, Thursday 25th April

The Codfather, Sudbury, CO10 2EQ. 01787 882100
<https://www.codfathersudbury.co.uk/>

It must be summer – or close to it, as Chip Runs are back. 6pm is the last departure time so please try and be 'somewhere in the vicinity' of B&M at Copdock, IP8 3TT from around half an hour before. We'll loop round through Washbrook village to Raydon and Stoke by Nayland. By way of Wormingford it's off to Bures and then out on the Pebmarsh road to Castle Hedingham. Then it's that enjoyable road back to Sudbury to find a parking space on the market place then a short stroll across the road to the chippie.

Vini Evans

SOCIAL RIDES: APRIL and MAY

Breakfast Run, Sunday 5th May. Charity Run in aid of MND Association

Route 11 Kitchen, Attleborough, NR17 2PU 01953 797068.

<https://www.route11kitchen.co.uk>

We will meet at Stowmarket Tesco IP14 5BE in good time so the last group can be away by 9am. Bring guests as this is a fund-raising event and more riders mean more donations. Allow at least half an hour for allocation to a group and general chit-chat. The route will not be long or challenging for those not experienced in our group rides. Leaving the A14 at Tot Hill we'll miss the roadworks by going through Wetherden to Woolpit, then trundle up the A1088 and A134 to Mundford. Turn right onto the delicious stretch of the B1108 through Watton to Hingham, then down to Great Ellingham and join the A11 just before Attleborough. Just under two miles along the dual carriageway brings us to the off-slip to the filling station and Route 11 Café. A large car (bike) park awaits with confidence inspiring hard surface. Don't forget to bring lots of spare cash to throw in the bucket.

Jaunt, Saturday 18th May

Black Horse Café, Earls Colne, CO6 2JX, 01787 220281

<https://www.oliversplants.co.uk/black-horse-cafe/>

Another departure over at Bury Tesco IP32 7JS, getting there around half an hour early so that we can get the last group away by 1pm. Through the Fornhams first, to get to Great Barton then down through Beyton, Felsham and Bildeston before cutting across to Boxford. Then we'll cut through Assington, Bures and Earls Colne taking the B1024 for the last leg down to Olivers Plants within which hides the café.

Chip Run, Thursday 23rd May

Little Fish and Chip Shop, Southwold, IP18 6EH 01502 218120

<https://www.solebayfishco.co.uk/the-little-fish-chip-shop>

Beacon Hill IP6 8LP, is the departure point this time. You know the drill, be there early enough so groups can be sorted and the last one away by 6pm. Taking the B1078 to Ashbocking we'll turn left past Helmingham Hall then on to Kettleburgh and Framlingham. From there it's across to Leiston, up to Blythburgh then right to Southwold. We've picked the quaint 'Little Fish and Chip Shop' as it's, well – quaint. You can eat in or grab a bench along the sea front. The parking can be a pain in the vicinity so the last group(s) may have to venture on to the pier, although the food may not be quite as tasty. Don't tell the people at the pier that I said that – if that's where you end up. It's a matter of personal choice. You just know what mine is.

Vini Evans

SAM EVENTS: APRIL

Please see website for updates

APRIL 2024

Wednesday April 3rd

Committee Meeting 7:00 pm - 9:30 pm

Sunday April 7th

Breakfast Run to Green Pastures, Bergh Apton

Meet at 08.30 at Mototechniks, Stowmarket

Wednesday April 17th

SAM Group Night. Announcements at 19:30. Instead of a speaker we will have a bring and buy stall. There may be some bargains...

Kesgrave War Memorial Community Centre, Twelve Acre Approach, Kesgrave, Ipswich IP5 1JF

Bar serving drinks, including soft drinks, etc.

NOTE: The Bar only accepts card payments - no cash

Saturday April 20th

Saturday Jaunt to Country Kitchen, Assington

Meet at 12.30 at Tesco, Bury St. Edmunds

Wednesday April 24th

Theory Evening – Planning & Positioning

Kesgrave War Memorial Community Centre, Twelve Acre Approach, Kesgrave, Ipswich IP5 1JF

Theory Evening. Come along and learn more about Roadcraft.

Meet in The Board Room

Thursday April 25th

SAM - Chip Run to Cod Father, Sudbury

Meet at 17.30 behind B&M Home Store, Copdock

Friday April 26th and Saturday April 27th

Safe rider workshop

Please see the SAM calendar for further details of the sessions and how to book.

<https://suffolk-advanced-motorcyclists.com/sam-calendar/>

Saturday April 27th

Motorcycle Dexterity & Control

Motorcycle Dexterity & Control Days give you the opportunity to practice the art of riding a motorcycle slowly, and to learn the techniques that will help you do it.

The event starts at 9.00 am SHARP usually finishing around 13.00, the venue is the playground of Sidegate Primary School, Sidegate Lane, Ipswich. IP4 4JD

SAM EVENTS: MAY

Please see website for updates

MAY 2024

Wednesday May 1st

Committee Meeting
7:00 pm - 9:30 pm

Saturday May 4th

Mototechniks Italian Demo Day.
10:00 am - 3:00 pm

Sunday May 5th

Charity Run in aid of MND Association to Route 11 Kitchen, Attleborough.
THIS RIDE IS OPEN TO ALL MEMBERS, ASSOCIATE AND GUESTS. Voluntary donation of £5.00 per person to Motor Neurone Disease Charity - so please bring some cash.
Meet at 08.30 at Tesco, Stowmarket

Saturday May 11th

Ride Leader Training.
Kesgrave War Memorial Community Centre, Twelve Acre Approach, Kesgrave, Ipswich IP5 1JF.
Classroom session followed by an observed ride.

Saturday May 11th

Suffolk Triumph Demo Day
10:00 am - 3:00 pm
Suffolk Triumph, 713 Foxhall Rd, Ipswich IP4 5TH, UK

Sunday May 12th

CCMC Fun Run - Burger King to Wheatsheaf PH Tattingstone.
9:00 am - 1:00 pm. Marshals needed.

Wednesday May 15th

SAM Group Night.
Krazy Horse (Empire House Motorcycle Showroom), Empire House, Business Park, 3 Lamdin Rd, Lark Valley Dr, Bury Saint Edmunds IP32 6NU
Announcements at 19:30 followed by a presentation from Krazy Horse.
Note - this event is being held at Krazy Horse showroom in Bury St Edmunds

Friday May 17th and Saturday May 18th

Safe rider workshop.
Please see the SAM calendar for further details of the sessions and how to book. <https://suffolk-advanced-motorcyclists.com/sam-calendar/>
Continued over...



SAM EVENTS: MAY continued..

Please see website for updates

MAY 2024

Saturday May 18th

Saturday Jaunt to Black Horse Café, Earls Colne. Meet at 12.30 at Tesco, Bury St. Edmunds

Sunday May 19th

Hadleigh Show

10:00 am - 5:00 pm

Come and visit the SAM Promotions team at the Show.

Wednesday May 22nd

Theory Evening – Gears & Acceleration

Kesgrave War Memorial Community Centre, Twelve Acre Approach, Kesgrave, Ipswich IP5 1JF

Theory Evening. Come along and learn more about Roadcraft.

Wednesday May 23rd

Chip Run to Little Fish and Chip Shop, Southwold

Meet at 17.30 at Beacon Hill Services.

Route via Ashbocking, Kettleburgh, Framlingham, Leiston and Blythburgh.

Distance of around 42 miles, approx 1.5 hours

Saturday May 25th

Hints & Tips Ride

8:30 am - 2:30 pm

Meet at The George Hintlesham IP8 3NH at 8:30 for refreshments

Open to Members and Associates and Guests

Sunday May 26th

Dexterity & Control

9:00 am - 1:00 pm

Sidegate Primary School, Sidegate Ln, Ipswich IP4 2QT, UK

Motorcycle Dexterity & Control Days give you the opportunity to practice the art of riding a motorcycle slowly, and to learn the techniques that will help you do it.

SAM RIDE LEADERS

Ride Leaders

Eric Aldridge
Ken Beckinsale
Mike Roberts
Chris Bond
Jeremy Duszynski
Brian Ellis
Vini Evans

Graham Clements
Steve Hart
Andrew Sparrow
Andrew Robotham
Les Smith
David Wood
Robert Rhodes



RIDE LEADER TRAINING DATES

To all members

The social rides are a very important, and enjoyable part of SAM.

Whilst we have a good team of ride leaders, we could always do with more volunteers as the programme is very full.

We have twelve Breakfast Runs, twelve Saturday Jaunts and five Chip Runs throughout the year, with our Hints and Tips and additional charity runs on top.

With all the commitments we have in the diary already, the two dates we are offering for Ride Leader training are Saturday, 27th April and Saturday, 11th May.

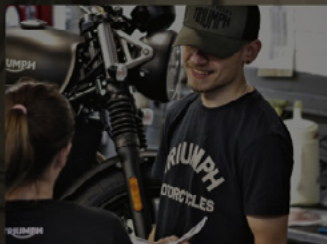
The programme consists of a classroom session to run through the member's charter and guidelines on leading a group. This will be followed by a ride led by you, observed by an Observer with routes issued to put into your Sat Nav.

If you think this is something you would like to do, please email me at:

Trevor.read51@gmail.com with your preferred date and I will sort it from there.

The only criteria is you must be a full Member of the IAM and SAM.

Trevor Read
Social Ride Co-ordinator



SERVICE

Our Workshops are staffed by long serving, fully qualified and manufacturer trained technicians. Our teams have full access to the latest factory tools and software, which only a manufacturer approved dealership can provide.



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As a paid up Associate or Member of SAM, you can benefit from discounts on clothing, accessories and parts at many businesses, both online and in store?

Visit: www.suffolk-advanced-motorcyclists.com/discounts

GALLERY



Jaunt to the Blue Egg in Gt Bardfield, trip to Haveringham Church, Norfolk and the first dexterity and slow riding day,



MEMBER INFORMATION

A lot of useful information about SAM and its activities is available on our website. Below are some key links members will find useful.

Contacts

Contact details of SAM's Committee and Observers, complete with photographs so you can recognise everyone.

<https://suffolk-advanced-motorcyclists.com/contact-us/>

Calendar

Our online calendar with relevant links which can also be linked to your smartphone.

Contact: Les Smith

<https://suffolk-advanced-motorcyclists.com/sam-calendar/>

Observer Associate Charter

What is expected of the Observer and Associate while preparing for the IAM motorcycle test.

Contact: Paul Ballard

<https://suffolk-advanced-motorcyclists.com/wp-content/uploads/2022/10/SAM-Members-Group-Social-Rides-Charter.pdf>

Discount Scheme

Proof of identity will be required to be shown. (e.g. Current IAM membership card). Save your membership fee, and more, by using these retailers who give a discount to SAM members.

<https://suffolk-advanced-motorcyclists.com/disc>

Shops

T-shirts, sweatshirts, fleeces, hats, and more are available from SAM's two online shops.

Contact: Mike Roberts

<https://suffolk-advanced-motorcyclists.com/sam-shops/>

Caring SAM

Our customer service & complaints procedures.

Contact: Brian Ellis: 07740 564097



Follow us on Facebook!

www.facebook.com/suffolkadvancedmotorcyclists

YOUR SAM COMMITTEE

Officers

Chairman	Glyn Hill	07986 319163
Vice Chairman	Trevor Read	07525 724002
Secretary	Eric Aldridge	07984 022646
Treasurer	Bryan Duncan	07879 654122

Committee Members

Chief Observer	Mike Roberts	01473 717504
Membership Secretary	Dave Franklin	07801 688639
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Glyn Hill	07986 319163
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Bob Rhodes	07950 772034
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Ian Maxwell	07974 941545
Neale McConnell	07899 714136
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No calls after 21:00 please.

Disclaimer

The articles published herein do not necessarily represent the views of the Institute of Advanced Motorists or the Suffolk Advanced Motorcyclist Group. They are the opinions of individual contributors and are published with a view that free expression promotes discussion and interests. Any comments please email the editor: editor@suffolk-advanced-motorcyclists.com

WHERE WE MEET



Kesgrave
War Memorial
Community
Centre
Twelve Acre
Approach
IP5 1JF
(not to scale)



www.suffolk-advanced-motorcyclists.com

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